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STATE CORPORATION COMMISSION BUREAU OF INSURANCE

October 8, 2010

Administrative Letter 2010-11

To: All Companies Licensed In Virginia To Write Accident And Sickness Insurance, All Health Maintenance Organizations Licensed In Virginia, And All Health Services Plans Licensed In Virginia

Re: Virginia Small Employer Group Health Insurance Medical History Form; Replacement of Administrative Letter 2009-04

In accordance with the provisions of House Bill 728 approved by the Virginia General Assembly during its 2008 legislative session, the Bureau of Insurance (the Bureau), with the assistance of a number of carriers and interested parties, developed the *Virginia Small Employer Group Health Insurance Medical History Form* to provide an optional format for facilitating and streamlining the application and enrollment process in Virginia's small employer market. A copy of the form, along with guidance for its use, was provided to carriers by Administrative Letter 2009-4, which further provided for future revision of the form as necessary and appropriate to address both regulatory changes and to meet the ongoing needs and relevance for those using the form. The attached form, identified as form # VAHLTHAPP9 10, and entitled *Virginia Group Health Insurance Medical History Form*, is the first revision of the form. Among other changes made at the request of carriers and other interested parties, the form was also revised to provide for its use in the large employer market as well as the small employer market, at the option of the carrier.

Provided the attached form is used in the exact format attached with no modifications except as otherwise noted below, insurers may use the form immediately without obtaining approval from the Bureau. The form is exempt from filing and approval requirements, in accordance with Virginia Code § 38.2-316 I. In order to facilitate a uniform transition to the attached revised form, carriers are strongly encouraged to discontinue use of the older version of the form by December 1, 2010.

Insurers, Health Services Plans, and Health Maintenance Organizations opting to use and accept the attached form should prepare and communicate their instructions for use and acceptance of the form to their respective agents and other interested parties. While it will generally be up to carriers to prepare and communicate instructions and guidelines for use of the form, the Bureau does expect and require all carriers to comply with the following general requirements:

- The full and proper corporate name of the insurer, health services plan or health maintenance organization must be recorded in Section 5 of the form. It is acceptable for a carrier to pre-print forms with the full and corporate name included, but sufficient space must be allowed for the entry of other carriers as well.
- Carriers are encouraged to include within their instructions for completion and return of the form, a prominent statement to the effect that completed forms should not, under any circumstances, be submitted to the Bureau.
- The type-size used in the form may be enlarged if a carrier so chooses, but it may not be reduced. Text may not be altered or changed.
- The form may be placed on a carrier's website or other electronic medium provided the format is not changed, or only minimal formatting changes are made to accommodate website specifications.

To the extent that future revisions to this form become necessary and appropriate, the Bureau will communicate such revisions to insurers and interested parties by Administrative Letter. To avoid confusion and facilitate uniformity in the use of each form revision, any and all new administrative letters addressing the use of this form will replace and supersede the prior administrative letter relating to the form and its use. Therefore, this administrative letter replaces Administrative Letter 2009-04 (and its attached Small Employer Group Health Insurance Medical History Form).

If you have any questions concerning the use of this form, please contact:

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Life and Health Division
Bureau of Insurance
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Fax: (804) 371-9944

Cordially,

Alfred W. Gross

Commissioner of Insurance

Weld W. Som

AWG Attachment

Virginia Group Health Insurance Medical History Form

Section 1:	To Be Complete	ed by Employer						
	ER GROUP NAME REQUESTED EFFECTIVE DATE						TIVE DATE	
Section 2: Employee Information								
Employee N	lame:	city, state & zip)			SS	N:		
Employee A	ddress: (street,	city, state & zip)						
Spouse Nar	rrent insurer/HIV	10:			SS	:N·		
		y, state & zip)						
Spouse Address: (street, city, state & zip) Name of Current Insurer/HMO:								
				NII ADE ADDI VII	NG: D Em	anlovoo Onl	v 🗖 Emplo	was and Spauss
		OVERAGE FOR V d					у 🗀 Епіріс	lyee and Spouse
	Waiver of Cover		and onne		proyoc arra	1 arring		
		you wish to declin	e coverag	e for yourself, yo	our spouse,	other adult	and/or your	dependents.
	DECLINE COVE		O41- o # A di		Danandant	• 🗇 M	المحالة مصطاما	l Danandanta
LWISH TO I	DECLINE COVE	Spouse RAGE FOR THE		IIT I My	Dependent	s 😐 IVI	yself and Al	I Dependents
1 1 1 1 1 1 1 1 1	DECENTE COVE	NOCTOR THE	OLLOWII	NO REAGOIN.				
☐ Covered	d under other gro	oup coverage.						
Nan	Name of Insurer/HMO:							
_ Nan	Name of Insured:							
☐ Covered by Medicare ☐ Covered by TRICARE or CHAMPVA								
Other (including individual coverage) (provide details)								
			(provide	details)				
My employe	er has given me	an opportunity to a	apply for g	roup health cove	erage for my	yself and m	y dependen	ts (if applicable).
		r coverage as inc						his time, certain
restrictions i	may apply to my	ability to participat	te in this gi	roup insurance p	orogram at a	a later date.		
Signature:					Date:			
	Medical History							
		information about						
child(ren)'s		papers. If child(re	ii) do not	reside at the Sa	anie addres	s as the en	ripioyee, pi	ease provide trie
		Last Name (if	_				Step	Court-Ordered
	First Name &	different from	Gender	Date of Birth	l laimht	\\\aiolet	Child	Coverage
Employee	Middle Initial	applicant)	M/F	mm/dd/yyyy	Height	Weight	Y/N	Y/N
Lilipioyee								
Spouse								
0								
Child								
	l	<u> </u>		<u> </u>		1		
Address if different from employee: (street, city, state & zip)								

Employee	Nama:		
	maille.		

Section 4:	Medical History	/ (con't.)						
	First Name & Middle Initial	Last Name (if different from applicant)	Gender M/F	Date of Birth mm/dd/yyyy	Height	Weight	Step Child Y/N	Court-Ordered Coverage Y/N
Child								
	different from emp	ployee: (street, city	, state & z	ip)				
Child								
Address if different from employee: (street, city, state & zip)								
Child								
Address if o	different from emp	oloyee: (street, city	, state & z	ip)				
Child								
Address if different from employee: (street, city, state & zip)								
Child								
Address if different from employee: (street, city, state & zip)								

If you or your spouse are a custodial parent to any dependent listed above, indicate who:

Within the past five (5) years, have you or any other person listed on this form consulted or sought treatment, had treatment recommended, received treatment or therapy, been surgically treated, had surgery recommended, been hospitalized or taken any medication for any of the following conditions?

When answering questions on this medical history form, the information provided for each individual should include only information about that individual and should not include any genetic information. Genetic information includes family medical history and information related to the individual's genetic counseling or genetic diseases for which the individual may be at risk. All responses pertaining to an individual will only be considered and applied to the individual in question.

Yes	No		Condition
		1.	AIDS (Acquired Immune Deficiency Syndrome) or HIV (Human Immunodeficiency Virus)
		2.	Alcohol abuse, substance abuse, and/or use of illicit drugs
		3.	Allergies
		4.	Aneurysm
		5.	Arthritis, rheumatism or other condition affecting one or more joints
		6.	Asthma or other lung or respiratory disorder disease, emphysema, COPD, cystic fibrosis, sarcodosis, tuberculosis
		7.	Back disorders, including disorders of the spine and intervertebral discs, and disc herniation/bulge
		8.	Blood clots, peripheral vascular disease or other circulatory or vascular disorder
		9.	Cancer or any tumor or growth
		10.	Diabetes - If yes, what type?
		11.	Elevated Cholesterol

Section 4: M Yes No	edical History (con'	t.)	Condition	nn -			
Tes No	12 Emotional or	mental disorders	including, but not li		on manic depre	ession bi-polar	
		tention Deficit Hype		inited to, dopressi	ori, mamo dopri	boolon, or polar	
		breast or other brea					
	14. Fractures/Lim						
	15. Gall stones o	r any other gallblad	der disorder				
	16. Gout						
	17. Head, spinal						
			s, including, but not l	imited to, heart att	ack, heart murm	ur, irregular	
		lve disorders, angi					
			anemia, or other bloo	d disorder			
	20. Hepatitis – If						
<u> </u>		(high blood pressu		.C. PC. L	. (- L. alta a mala ma	PC O - I - I	
		oraers, including, bu	ut not limited to, diver	rticulitis, nernia, red	ctal disorders, co	olitis or Cronn's	
	Disease	loro includina but	not limited to, kidney	failura kidnay ata	noo bladdar ar a	ronitourinory	
			: kidney disease, ren			geriilouririary	
			t limited to, cirrhosis		yolo		
			a, vasculitis, or any c		sue disorders		
						ultiple	
		26. Nervous system disorders, including, but not limited to, epilepsy, seizures, paralysis, multiple sclerosis, cerebral palsy, muscular dystrophy, Parkinson's Disease					
	28. Reproductive	28. Reproductive disorders: abnormal uterine bleeding, fibroids, menstrual disorders, endometriosis,				metriosis,	
	infertility, othe	infertility, other					
	29. Sleep Apnea						
	30. Stroke or TIA						
		r, glandular diseas	es or disorders, pitui	tary, pancreatic, or	disorder requiri	ng growth	
	hormone	6 1 11					
00.16	-		ders of the stomach	. (. 1)	Part are Perceta	1.	
33. If you ched	cked yes to any cond	itions in Section 4,	piease provide full de		lical condition be	HOW.	
				List Medications			
				by name,			
				dosage and			
				give route	Is Ongoing		
		Condition		(oral,	Treatment		
		(include start	Types of	injectable,	Needed? If		
Question		` date of	Treatment	infusion, or	Yes, Please	Physicians	
Number	Name of Person	condition)	(Month/Year)	inhaled)	Explain:	Name	

Employee Name:	
Employee Hame.	

Section 4: Me	dical History (con't	.)					
Question Number	Name of Person	Condition (include start date of condition)	Types of Treatment (Month/Year)	List Medications by name, dosage, and give route (oral, injectable, infusion, or inhaled)		Physicians Name	
-		,					
34. List any pre spouse, or any	escribed medications of your dependents	not otherwise ide	entified in Section 4, rare currently taking.	number 33 (inclu Use additional	ding fertility drugs) capers if needed.	that you, your	
Name of Person		List Medicat	List Medications by name, dosage, and give route (oral, injectable, infusion, or inhaled)			For what condition?	

Section 5: Additional Information
1. Has anyone named in this application used tobacco products within the past 12 months? If yes, explain:
2. Within the past five (5) years, have you or any other person listed on this form, consulted or sought treatment, had treatment recommended, received treatment or therapy, been surgically treated, had surgery recommended, hospitalized for, or taken medication for any medical condition or disorder not mentioned above? If yes, explain:
3. Are you or anyone listed on this form currently pregnant? If yes, Due Date: If you checked yes, please explain:
4. Any future surgeries or treatment discussed, planned or recommended in the next 12 months? If yes, explain:
In connection with this application for coverage with the insurer(s)/HMO(s) identified below, I certify that I have read, or have had read to me, this completed form, and I realize that any act or practice that constitutes fraud or intentional material misrepresentation of fact in this form may result in loss or rescission of coverage. I acknowledge that all claims relating to such fraudulent act, practice or intentional material misrepresentations of fact will become my responsibility if incurred after termination or as a result of rescission.
I understand and agree that the insurer(s)/HMO(s) identified below will rely upon the above information and answers as the basis for establishing group premium rates for health care coverage.
I authorize any physician, medical practitioner, hospital, clinic, other medical or medically related facility, insurer(s)/HMO(s) or other organization, institution or person that has any knowledge of my health or the health of my spouse and/or dependents as listed on this form to disclose such information to the extent permitted by law to the insurer(s)/HMO(s) identified below for the purpose of compiling an accurate evaluation of this form and to establish group premium rates for the group. This authorization does not permit the use or disclosure of psychotherapy notes. Authorization to disclose information for the payment of claims is valid for the term of coverage and in connection with application for coverage, policy reinstatement or a request for change in policy benefits, this authorization shall be valid for thirty (30) months from the date shown below.
I understand that I may be contacted by the insurer(s)/HMO(s) identified below to obtain additional follow-up information on health conditions disclosed in Section 4 and 5 of this document for me, my spouse and/or my covered dependents.
I understand that I or my authorized representative may receive a copy of this authorization upon request. I agree that a photographic copy of this authorization shall be as valid as the original.
Full and proper corporate name of Insurer(s)/HMO(s)
Employee Signature: Daytime Tel. No. Date:

Employee Name:__